

༄༅། །རྒྱལ་པོ་ལ་གདམས་པ།

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## Advice to a King (2)

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*Rājadeśa*

རྒྱལ་པོ་ལ་གདམས་པ་ཞེས་བྱ་བ་ཐེག་པ་ཆེན་པོའི་མདོ།

*rgyal po la gdams pa zhes bya ba theg pa chen po'i mdo*

The Mahāyāna Sūtra “Advice to a King” (2): Advice to Udayana, King of Vatsa

*Rājadeśanāmamahāyānasūtra*

· Toh 215 ·

Degé Kangyur, vol. 62 (mdo sde, tsha), folios 210.a–211.b

TRANSLATED INTO TIBETAN BY

· Dānaśīla · Bandé Yeshé Dé ·



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co.

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s.

## SUMMARY

- s.1 While giving teachings at Vārāṇasī, the Buddha Śākyamuni discerns that the time is right to train King Udayana of Vatsa. When he meets the king, who at the time is embarking on a military expedition, the king flies into a rage and tries to kill the Buddha with an arrow. However, the arrow circles in the sky, and a voice proclaims a verse on the dangers of anger and warfare. Hearing this verse, the king pays homage to the Buddha, who explains that an enemy far greater than worldly opponents is the affliction of perceiving a self, which binds one to saṃsāra. He uses a military analogy to explain how this great enemy can be controlled by the combined arsenal of the six perfections and slayed by the arrow of nonself. When the king asks what is meant by “nonself,” the Buddha replies in a series of verses that constitute a succinct teaching on all persons and all things being without a self.

ac.

## ACKNOWLEDGEMENTS

ac.1 A draft translation by Khenpo Kalsang Gyaltsen and Chodrungma Kunga Chodron of the Sakya Pandita Translation Group was revised by George FitzHerbert and edited by David Fiordalis and Andreas Doctor.

ac.2 The translation was completed under the patronage and supervision of 84000: Translating the Words of the Buddha. Dawn Collins copyedited the text. Martina Cotter was in charge of the digital publication process.

## INTRODUCTION

i.

i.1 *Advice to a King (2)*, which carries the alternative colophon title *Advice to Udayana, King of Vatsa*, is a concise and poetic discourse on the futility of anger and warfare, and on the liberating power of realizing the truth of emptiness—that all persons and all things lack any enduring self.

i.2 This is one of three sūtras (Toh 214, 215, and 221) included in Kangyurs of the Tshalpa line under the identical title *The Mahāyāna Sūtra “Advice to a King.”* The present sūtra (Toh 215) consists of advice given to Udayana, the king of Vatsa. The sūtra that immediately precedes it in the Degé Kangyur (Toh 214),<sup>1</sup> consists of advice to Bimbisāra, the king of Magadha. Finally, a longer sūtra in the next volume of the Degé Kangyur (Toh 221) presents advice to King Prasenajit, the king of Kośala.

i.3 Only the third of these three (Toh 221) is attested in either Sanskrit or Chinese, while both *Advice to King Bimbisāra* (Toh 214) and the present text *Advice to King Udayana of Vatsa* (Toh 215) have no known Sanskrit or Chinese witnesses and exist only in Tibetan. In their colophons, both of these sūtras are attributed to the translators Dānaśīla and Bandé Yeshé Dé, who were active during the height of Tibetan imperial patronage of Buddhism in the late eighth and early ninth centuries CE. However, neither of the two texts is mentioned in the Phangthangma or Denkarma imperial-period catalogs,<sup>2</sup> nor are they mentioned in Chomden Raldri’s late thirteenth-century survey of translated texts. Adding further to the uncertainty of their provenance, neither text is found in any Kangyurs of the Thempangma recensional line.<sup>3</sup>

i.4 *Advice to Udayana, King of Vatsa* features a short dialogue between the Buddha Śākyamuni and King Udayana, framed by a short story of the king’s conversion. King Udayana was a contemporary of the Buddha and king of Vatsa, one of the sixteen “great kingdoms” (*mahājanapada*) of ancient northern India, the capital of which was at Kauśāmbī.



- i.5 This king (also known as Udayin or in Pali as Udena) is well known in Buddhist literature, and in Sanskrit literature more broadly where he is found as the romantic hero of many legends and dramas, including two plays attributed to Bhāsa, one of the earliest Indian playwrights.<sup>4</sup> A story of this king's conversion to the teachings of the Buddha by the monk Piṇḍolabhāradvāja is told in a similar form in *The Hundred Deeds* (Toh 340)<sup>5</sup> and in the Pali Saṃyutta Nikāya.<sup>6</sup> He and his two chief wives also feature as the main characters in the frame story of *King Udayana of Vatsa's Questions* (Toh 73),<sup>7</sup> which is included in the Heap of Jewels (Ratnakūṭa) collection. Stories about him are also found in the Discipline (Vinaya) section of the Tibetan Kangyur,<sup>8</sup> and in the extracanonical *Divyāvadāna* collection of stories.<sup>9</sup> Narratives about King Udayana are also found in Chinese Buddhist texts, including one story, also told by Xuanzang in the travelogue of his journey to India, which attributes to him the commissioning of the first-ever image of the Buddha.<sup>10</sup>
- i.6 The sūtra translated here tells a different tale of King Udayana's conversion that is not, to our knowledge, found in other sources. Here, the Buddha encounters King Udayana while the latter is embarking on a military expedition to subdue a neighboring city. Initially, the king is angered by the inauspicious appearance of a mendicant at such a time, and he tries to kill the Buddha with an arrow. But the arrow balks, spins in the sky, and a voice then rings out with a verse on the dangers of anger, whereupon the king becomes respectful toward the Buddha and a dialogue ensues. Other stories about King Udayana, including the sūtra mentioned above, *King Udayana of Vatsa's Questions* (Toh 73), feature him shooting arrows that are thwarted from reaching their intended target.<sup>11</sup>
- i.7 After the king pays homage, the Buddha first queries the king's proclivity for warfare, informing him that all his conflicts are futile since they only lead to suffering in this life and lower rebirths in the next. He then explains that worldly enemies are trifling when compared to the greater enemy, namely the affliction of perceiving a self, which is the root of saṃsāra. When the king asks how this great enemy can be countered, the Buddha uses a military analogy to present the practice of the six perfections. This, he says, will enable the king to fell the great enemy of perceiving a self with the "arrow of nonself." When the king asks what the Buddha means by "nonself" in this context, the Buddha replies with a condensed teaching regarding persons and indeed all phenomena as having no self, after which the king embraces his teaching.
- i.8 Two prior English translations of the sūtra have been published. An early, loose translation was published in 1973 by Thubten Kalzang Rinpoche et al., and a richly annotated and fine translation by Peter Skilling was published

in 2021. This English translation was made from the Tibetan as found in the Degé Kangyur, in consultation with variants recorded in the Comparative Edition (*dpe bsdur ma*).

**The Mahāyāna Sūtra**  
**Advice to a King (2)**  
**Advice to Udayana, King of Vatsa**

1.

## The Translation

[F.210.a]

1.1 Homage to all buddhas and bodhisattvas.

Thus did I hear at one time. When the Blessed One was teaching the Dharma to his retinues in the great city of Vārāṇasī, he saw that the time had come to train Udayana, the king of Vatsa.<sup>12</sup> So, along with his retinues, he departed for Vatsa.

1.2 When he encountered Udayana, the king of Vatsa, the king was setting out with his four armies to conquer the great city called Place of Gold.<sup>13</sup> However, King Udayana became angry. “Such an inauspicious encounter!” he exclaimed. “I should kill him!” And with this he drew a sharp, fishtail-headed arrow<sup>14</sup> and released it at the Blessed One. However, the arrow spun in the sky and a voice rang out, proclaiming:

1.3 “Anger produces suffering.  
In this life, it leads to exhaustion, conflict, and fighting,  
And, in the next life, to the sufferings of hell.  
Therefore, abandon anger, conflict, and fighting.”

1.4 On hearing these words, King Udayana became devoted to the Blessed One, prostrated, and sat down to one side. [F.210.b]

1.5 Then the Blessed One said, “Great King, conflict and fighting lead to exhaustion, both here, now, and later in the lower realms, so why do you always do nothing but fight and create conflict?”

1.6 “Gautama,” replied the king, “no matter whom I fight, I never experience defeat. Since I am always victorious, I am inclined toward fighting and warfare.”

1.7 The Blessed One said, “Great King, these are lesser foes. Great King, there is another enemy, far greater and more hostile than them.”

1.8 “Who is that enemy?” asked the king.

- 1.9 The Blessed One replied, “This great enemy is called *the affliction of perceiving a self*.”
- 1.10 The king said, “Please explain. What is this enemy like?”
- 1.11 The Blessed One replied:
- 1.12 “The thought that perceives a self is the great enemy.  
While it is immaterial and without substance,  
It has dwelt with you since beginningless time.
- 1.13 “Since the very beginning, this enemy has stolen  
The wish-fulfilling jewel of dharmakāya  
And hidden it in the dense thicket of dualistic images.  
Even now it binds you still and forces you to wander in saṃsāra.
- 1.14 “Worldly enemies can do no more than kill and rob one’s wealth,  
And forbearance toward them can fill one’s store of merit.  
But this enemy will kill peace, happiness, and liberation;  
Associating with it, one’s merit becomes mired in the swamp of saṃsāra.”
- 1.15 The king asked, “How can one fight this great enemy?”
- 1.16 The Blessed One replied:
- 1.17 “To counter the enemy of conceptuality,  
With faith you must build a fortress of generosity and discipline,  
Then gather an army of virtue, don the armor of forbearance,  
Brandish the whip of perseverance, draw the bow of concentration,  
And slay the perception of a self with the arrow of nonself and emptiness.”
- 1.18 The king requested, “Please explain what you mean by ‘nonself.’ ”
- 1.19 The Blessed One replied:
- 1.20 “On the idea that persons have no self, listen, O King!  
How is it that a person is a continuity of the five aggregates?  
Due to the cause, which is being filled by karma and the afflictions,  
The result flows out in the form of the five aggregates and their ‘self.’<sup>15</sup>  
[F211.a]
- 1.21 “Beings become attached to this self,  
As they take their own bodies to be ‘me’ and ‘I.’  
This ‘self’ fears sickness, death, hunger, and cold.  
It is pleased by praise and upset by reproach.
- 1.22 “By apprehending a self, one joins the five rival traditions,<sup>16</sup>  
Yet this ‘I’ and ‘self’ do not exist.  
Imputed upon the aggregates, they are delusion.

A name is not the self, but merely a label.<sup>17</sup>

- 1.23 “The body is not the self, but flesh and bone—  
A gathering of great elements like an outer wall.  
Not even mind is the self, because it has no substance.  
On the idea that phenomena have no self, listen, O King!
- 1.24 “*Phenomena* refers to all things, such as material form and so on.  
Since they do not act and retain defining characteristics,  
They are false notions that involve dualistic images.  
They are contrary to what they seem—they do not exist.
- 1.25 “If you wonder why, regarding outer and inner phenomena,  
One should not search for emptiness by rejecting entities,  
Because emptiness is already there in the appearances themselves.  
The term *emptiness* applies precisely to what is breakable, destructible, and  
impermanent.
- 1.26 “Apparent but without intrinsic nature, how do phenomena manifest?  
They do not abide as existent, nonexistent, or anything in between.  
That which is said to exist is *saṃsāra* and *nirvāṇa*.  
The nature of *saṃsāra* consists of mind and its objects.
- 1.27 “You should analyze objects to be unreal in this way:  
Divide appearances into particles—particles that cannot be divided further.  
All appearances of entities are the mind, like a dream.  
And the mind, too, has no color, shape, and so on.
- 1.28 “So, *saṃsāra* is empty and devoid of a self.  
And since there is no *saṃsāra*, there is also no *nirvāṇa*.  
If existence is not established, then there is also no absence.  
And because neither of these two extremes exist, nor is there anything in  
between.
- 1.29 “Thus, O King, if you meditate on nonself,  
*Saṃsāra* and perceiving a self will be cut at the root.”
- 1.30 The king said, “Previously, up until now, I have seen enemies where there  
are none, and I have been tormented by anger. Now that I have recognized  
the true enemy, I will be devoted to nonself to fight that enemy.”
- 1.31 The Blessed One said, [F.211.b] “Great King, excellent. You have  
vanquished the enemy of perceiving a self.”
- 1.32 Thus spoke the Blessed One, and King Udayana of Vatsa and the others  
rejoiced and praised what the Blessed One had said.

1.33      *This completes the Mahāyāna sūtra “Advice to Udayana, King of Vatsa.”*

c.

## Colophon

c.1 Translated, edited and finalized by the Indian preceptor Dānaśīla and Bandé  
Yeshé Dé.



n.

## NOTES

- n.1 *Advice to a King (1)* (<http://read.84000.co/translation/toh214.html>) (*Rājadeśanāma-mahāyānasūtra*, Toh 214).
- n.2 Although a title *Mahāyāna Sūtra “Advice to a King”* is found in the Denkarma, this refers to the advice to King Prasenajit (Toh 221). This can be ascertained because it is listed there as having 160 ślokas. Denkarma, fol. 229.a; Hermann-Pfandt 2008, pp. 102–3.
- n.3 As Peter Skilling notes, both texts appear “out of nowhere” in the Kangyurs of the Tshalpa line. Skilling 2021, pp. 410 and 430.
- n.4 For more on King Udayana as a literary and historical figure, see Adval 1970.
- n.5 *The Hundred Deeds* (*Karmaśataka*, Toh 340), 1.194.
- n.6 For an English translation, see Bodhi 2000, pp. 1197–99. Another story featuring an encounter between the monk Piṇḍolabhāradvāja and the king is also found in the early Pali commentary on the Sutta Nīpāta (see Bodhi 2017, pp. 1021–22), and a series of stories about him and his wives are found in the commentary on the Pali Dhammapada, on which see Burlingame 1921, pp. 247–93. Burlingame notes (p. 51) that versions of these tales are also told in the commentaries on the Aṅguttara and Majjhima Nikāyas, and in the Visuddhimagga.
- n.7 *King Udayana of Vatsa’s Questions* (<http://read.84000.co/translation/toh73.html>) (*Udayanavatsarājapariprcchā*, Toh 73).
- n.8 Particularly in *The Detailed Explanations of Discipline* (*Vinayavibhaṅga*, Toh 3) as well as *The Finer Points of Discipline* (*Vinayaṣudrakavastu*, Toh 6).
- n.9 For an English translation from the Sanskrit, see Rotman 2017, pp. 259–72.

- n.10 On these traditions, see Carter 1990.
- n.11 See *King Udayana of Vatsa's Questions*, 1.3-1.5, Rotman 2017 p. 262, and *Vinayavibhaṅga* (Toh 3), Degé Kangyur vol. 8 ('dul ba, nya), F.188.a.
- n.12 D: *bad sa la*; N: *bad sa*. As Skilling notes (See Skilling 2021, pp. 572–73, n. 942.), *bad sa la* here refers to Vatsa, not Vaiśāli. as suggested in Thubten Kalzang et al.
- n.13 *gser can*. Skilling suggests Kanakāvati, which is also the name of a city in the distant past in a story in the *Divyāvadāna*, but we have not yet been able to trace whether this is an attested translation equivalent for *gser can*. For more on the term, see Skilling 2021, p. 573, n. 943.
- n.14 *mda' ste'u kha nya rnga ma*. Skilling notes that the term corresponds to the Sanskrit *kṣurapra*, listed in Apte's *Practical Sanskrit-English Dictionary* as an "arrow with a sharp, horseshoe-shaped head" and translates accordingly. The Tibetan uses the analogy of a crescent-shaped fishtail (*nya rnga ma*), rather than a horseshoe, to describe the arrowhead, and so we have opted for a rendering closer to the Tibetan. The term *ste'u kha nya rnga* is also found in a list of weapons in *Upholding the Roots of Virtue* (Toh 101, 7.102) which has been translated there as "bhalla arrows."
- n.15 Here there is a play on the term for "person" (Skt. *pudgala*, Tib. *gang zag*), which is at times etymologized as the combination of "filling" (Skt. *pūra*, Tib. *gang*) and "flowing out" (Skt. *gala*, Tib. *zag*). For an example of this, see entry no. 340 (<https://www2.hf.uio.no/polyglotta/index.php?page=record&vid=263&mid=487109>) in the *Mahāvīyutpatti*.
- n.16 *de la dmigs nas mu stegs lnga rnam's 'jug*. "Rival tradition" is our translation of *mu stegs* (Skt. *tīrthika*), though it remains unclear to us precisely what is meant here. The Yongle and Peking Kangyurs here read *lha* ("god") instead of *lnga* ("five"), and Skilling gives slight preference to this alternate reading. He translates, "If you resort to a self, then you fall in with the heterodox and the gods," but also notes his uncertainty about the best reading in his notes on this passage.
- n.17 As Skilling points out, the term *ming* (Skt. *nāman*), "name," may refer here to consciousness and the three other mental aggregates, since the next line refers to the body. *Nāmarūpa*, "name and form," is a common way that Buddhist texts refer to the person as an aggregation of mental and physical components.

b.

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## GLOSSARY

· Types of attestation for names and terms of the corresponding ·  
source language

AS	<i>Attested in source text</i> This term is attested in a manuscript used as a source for this translation.
AO	<i>Attested in other text</i> This term is attested in other manuscripts with a parallel or similar context.
AD	<i>Attested in dictionary</i> This term is attested in dictionaries matching Tibetan to the corresponding language.
AA	<i>Approximate attestation</i> The attestation of this name is approximate. It is based on other names where the relationship between the Tibetan and source language is attested in dictionaries or other manuscripts.
RP	<i>Reconstruction from Tibetan phonetic rendering</i> This term is a reconstruction based on the Tibetan phonetic rendering of the term.
RS	<i>Reconstruction from Tibetan semantic rendering</i> This term is a reconstruction based on the semantics of the Tibetan translation.
SU	<i>Source unspecified</i> This term has been supplied from an unspecified source, which most often is a widely trusted dictionary.

## g.1 affliction

*nyon mongs pa*

ཉོན་མོངས་པ།

*kleśa*

*Definition from the 84000 Glossary of Terms:*

The essentially pure nature of mind is obscured and afflicted by various psychological defilements, which destroy the mind's peace and composure and lead to unwholesome deeds of body, speech, and mind, acting as causes for continued existence in saṃsāra. Included among them are the primary afflictions of desire (*rāga*), anger (*dveṣa*), and ignorance (*avidyā*). It is said that there are eighty-four thousand of these negative mental qualities, for which the eighty-four thousand categories of the Buddha's teachings serve as the antidote.

*Kleśa* is also commonly translated as “negative emotions,” “disturbing emotions,” and so on. The Pāli *kilesa*, Middle Indic *kileśa*, and Buddhist Hybrid Sanskrit *kleśa* all primarily mean “stain” or “defilement.” The translation “affliction” is a secondary development that derives from the more general (non-Buddhist) classical understanding of  $\sqrt{kliś}$  (“to harm,” “to afflict”). Both meanings are noted by Buddhist commentators.

g.2 anger

*zhe sdang*

ཞེ་སྤང་།

*dveṣa*

Aversion in all its forms. One of the three poisons (Tib. *dug gsum*, Skt. *triviṣa*) that, along with desire and delusion, perpetuate the sufferings of cyclic existence. In its subtle manifestation as aversion, it obstructs the correct perception of forms, and in its extreme manifestations as anger and fear, it is characteristic of the hells.

g.3 Bandé Yeshé Dé

*ye shes sde*

ཡེ་ཤེས་སྡེ།

—

*Definition from the 84000 Glossary of Terms:*

Yeshé Dé (late eighth to early ninth century) was the most prolific translator of sūtras into Tibetan. Altogether he is credited with the translation of more than one hundred sixty sūtra translations and more than one hundred additional translations, mostly on tantric topics. In spite of Yeshé Dé's great importance for the propagation of Buddhism in Tibet during the imperial era, only a few biographical details about this figure are known. Later sources describe him as a student of the Indian teacher Padmasambhava, and he is

also credited with teaching both sūtra and tantra widely to students of his own. He was also known as Nanam Yeshé Dé, from the Nanam (*sna nam*) clan.

g.4 Blessed One

*bcom ldan 'das*

བཙེམ་ལྷན་འདས།

*bhagavan*

*Definition from the 84000 Glossary of Terms:*

In Buddhist literature, an epithet applied to buddhas, most often to Śākyamuni. The Sanskrit term generally means “possessing fortune,” but in specifically Buddhist contexts it implies that a buddha is in possession of six auspicious qualities (*bhaga*) associated with complete awakening. The Tibetan term—where *bcom* is said to refer to “subduing” the four māras, *ldan* to “possessing” the great qualities of buddhahood, and *'das* to “going beyond” saṃsāra and nirvāṇa—possibly reflects the commentarial tradition where the Sanskrit *bhagavat* is interpreted, in addition, as “one who destroys the four māras.” This is achieved either by reading *bhagavat* as *bhagnavat* (“one who broke”), or by tracing the word *bhaga* to the root √*bhañj* (“to break”).

g.5 concentration

*bsam gtan*

བསམ་གཏན།

*dhyāna*

Fifth of the six perfections.

*Definition from the 84000 Glossary of Terms:*

*Dhyāna* is defined as one-pointed abiding in an undistracted state of mind, free from afflicted mental states. Four states of *dhyāna* are identified as being conducive to birth within the form realm. In the context of the Mahāyāna, it is the fifth of the six perfections. It is commonly translated as “concentration,” “meditative concentration,” and so on.

g.6 Dānaśīla

*dA na shI la*

དྲན་ལྷི་ལ།

—

An Indian paṇḍita who was resident in Tibet during the late eighth and early ninth centuries.

g.7 dharmakāya

*chos sku*

ཚོས་སྐུ།

*dharmakāya*

In distinction to the *rūpakāya*, or form body of a buddha, this is the eternal, imperceivable realization of a buddha. In origin, it was a term for the presence of the Dharma, and has become synonymous with “true nature.”

g.8 discipline

*tshul khrims*

ཚུལ་ཁྲིམས།

*śīla*

Second of the six perfections.

*Definition from the 84000 Glossary of Terms:*

Morally virtuous or disciplined conduct and the abandonment of morally undisciplined conduct of body, speech, and mind. In a general sense, moral discipline is the cause for rebirth in higher, more favorable states, but it is also foundational to Buddhist practice as one of the three trainings (*triśikṣā*) and one of the six perfections of a bodhisattva. Often rendered as “ethics,” “discipline,” and “morality.”

g.9 dualistic image

*mtshan ma*

མཚན་མ།

*nimitta*

The mental object or image in an act of perception, an act that involves the creation of a false duality between the perceiver and what is perceived. It can be connected with the false perception of a self and combated by the application of the idea of nonself.

g.10 emptiness

*stong pa nyid*

སྟོང་པ་ནིད།

*śūnyatā*

*Definition from the 84000 Glossary of Terms:*



Emptiness denotes the ultimate nature of reality, the total absence of inherent existence and self-identity with respect to all phenomena. According to this view, all things and events are devoid of any independent, intrinsic reality that constitutes their essence. Nothing can be said to exist independent of the complex network of factors that gives rise to its origination, nor are phenomena independent of the cognitive processes and mental constructs that make up the conventional framework within which their identity and existence are posited. When all levels of conceptualization dissolve and when all forms of dichotomizing tendencies are quelled through deliberate meditative deconstruction of conceptual elaborations, the ultimate nature of reality will finally become manifest. It is the first of the three gateways to liberation.

g.11 five aggregates

*phung po lnga*

ཕུང་པོ་ལྔ།

*pañcaskandha*

The five constituents of a living entity: form, sensation, perception, mental formations, and consciousness.

g.12 forbearance

*bzod pa*

བཟོད་པ།

*kṣānti*

Third of the six perfections.

*Definition from the 84000 Glossary of Terms:*

A term meaning acceptance, forbearance, or patience. As the third of the six perfections, patience is classified into three kinds: the capacity to tolerate abuse from sentient beings, to tolerate the hardships of the path to buddhahood, and to tolerate the profound nature of reality. As a term referring to a bodhisattva's realization, *dharmakṣānti* (*chos la bzod pa*) can refer to the ways one becomes "receptive" to the nature of Dharma, and it can be an abbreviation of *anutpattikadharmakṣānti*, "forbearance to the unborn nature, or nonproduction, of dharmas."

g.13 Gautama

*gau ta ma*

གོ་ཏ་མ།

*gautama*

The family name of the Buddha Śākyamuni.

g.14 generosity

*sbyin pa*

སྤྱིན་པ།

*dāna*

The first of the six or ten perfections, often explained as the essential starting point and training for the practice of the others.

g.15 karma

*las*

ལས།

*karman*

*Definition from the 84000 Glossary of Terms:*

Meaning “action” in its most basic sense, karma is an important concept in Buddhist philosophy as the cumulative force of previous physical, verbal, and mental acts, which determines present experience and will determine future existences.

g.16 nirvāṇa

*mya ngan 'das*

མྱ་ངན་འདས།

*nirvāṇa*

*Definition from the 84000 Glossary of Terms:*

In Sanskrit, the term *nirvāṇa* literally means “extinguishment” and the Tibetan *mya ngan las 'das pa* literally means “gone beyond sorrow.” As a general term, it refers to the cessation of all suffering, afflicted mental states (*kleśa*), and causal processes (*karman*) that lead to rebirth and suffering in cyclic existence, as well as to the state in which all such rebirth and suffering has permanently ceased.

More specifically, three main types of nirvāṇa are identified. The first type of nirvāṇa, called nirvāṇa with remainder (*sopadhīśeṣanirvāṇa*), is when an arhat or buddha has attained awakening but is still dependent on the conditioned aggregates until their lifespan is exhausted. At the end of life, given that there are no more causes for rebirth, these aggregates cease and no new aggregates arise. What occurs then is called nirvāṇa without remainder (*anupadhīśeṣanirvāṇa*), which refers to the unconditioned element (*dhātu*) of nirvāṇa in which there is no remainder of the aggregates. The Mahāyāna teachings distinguish the final nirvāṇa of buddhas from that of arhats, the

latter of which is not considered ultimate. The buddhas attain what is called nonabiding nirvāṇa (*apratiṣṭhitānirvāṇa*), which transcends the extremes of saṃsāra and nirvāṇa, i.e., existence and peace. This is the nirvāṇa that is the goal of the Mahāyāna path.

g.17 nonself

*bdag med pa*

བདག་མེད་པ།

*anātman*

The idea that persons and all phenomena have no permanent self or essence that exists and does not change. Can also refer in this text to the technique, application, or rehearsal of this idea in a meditative practice.

g.18 perceiving a self

*bdag tu 'dzin pa*

བདག་ཏུ་འཛིན་པ།

*ātmagrāha*

The strong, deeply ingrained belief or perception that persons and all phenomena have a permanent self or essence that exists and does not change. The term *'dzin pa* (Skt. *grāha*) means “grasping,” and is used both for grasping material things as well as the act of perceiving or conceiving mental objects.

g.19 perseverance

*brtson 'grus*

བརྩོན་འགྲུས།

*vīrya*

The fourth of the six perfections, it is also among the seven branches of enlightenment, the five abilities, the four bases of magical power, and the five powers.

g.20 Place of Gold

*gser can*

གསེར་ཅན།

—

The name of a great city. See [n.13](#)

g.21 saṃsāra

*'khor ba*

འཁོར་བ།

*saṃsāra*

*Definition from the 84000 Glossary of Terms:*

A state of involuntary existence conditioned by afflicted mental states and the imprint of past actions, characterized by suffering in a cycle of life, death, and rebirth. On its reversal, the contrasting state of nirvāṇa is attained, free from suffering and the processes of rebirth.

g.22 self

*bdag*

བདག

*ātma*

A substantial, self-subsistent entity within beings or things, or the intrinsic reality of things, or the intrinsic identity of things, that is permanent and nonrelative. The Buddha's teaching, in contrast to that of other spiritual traditions, holds as a key tenet that the presumed existence of such a 'self' (in Mahāyāna thought, in things as well as in beings) is habitual but mistaken, and is the basis of suffering and delusion. Its absence (nonself) can be realized by investigation.

g.23 six perfections

*pha rol tu phyin pa drug*

པ་རོལ་ཏུ་ཕྱིན་པ་དྲུག

*ṣaṭ pāramitāḥ*

The practice of the bodhisattva, which consists of giving, morality, patience, effort, concentration, and wisdom.

g.24 Udayana

*'char byed*

འཇར་བྱེད།

*udayana*

A king contemporary with the Buddha, here referred to as "Udayana, the king of Vatsa" (*bad sa la'i rgyal po 'char byed*). The same name is known in a variety of Tibetan renderings as *shar ba* (Toh 1) and *'char ba* (Toh 543) and *'char ka* (Toh 340).

g.25 Vārāṇasī

*bA rA Na sI*

वृारणासुी

*vārāṇasī*

*Definition from the 84000 Glossary of Terms:*

Also known as Benares, one of the oldest cities of northeast India on the banks of the Ganges, in modern-day Uttar Pradesh. It was once the capital of the ancient kingdom of Kāśī, and in the Buddha's time it had been absorbed into the kingdom of Kośala. It was an important religious center, as well as a major city, even during the time of the Buddha. The name may derive from being where the Varuna and Assi rivers flow into the Ganges. It was on the outskirts of Vārāṇasī that the Buddha first taught the Dharma, in the location known as Deer Park (*Mṛgadāva*). For numerous episodes set in Vārāṇasī, including its kings, see *The Hundred Deeds*, Toh 340.

g.26 Vatsa

*bad sa la*

वडसल

*vatsa*

One of the sixteen great kingdoms of ancient India south of Kośala that was ruled by Udayana during the Buddha's time. Its capital was Kauśāmbī.

g.27 wish-fulfilling jewel

*yid bzhin rin chen*

ཡིད་བཞིན་རིན་ཆེན།

*cintāmaṇi*

A gem or jewel that grants the fulfillment of all one could desire.